

# Wisdom Circles Sharing Sheet

## Living Wisely / Dwelling in Wisdom from Day to Day

February 2018



**Ecclesiasticus (Sirach) 6:32-33** (New Jerusalem Bible):  
If you wish it, my [beloved], you can be taught; apply yourself,  
and you will become intelligent. If you love listening,  
you will learn, if you pay attention, you will become wise.

### February's Focus: Silence

**"Silence is the language of God;  
It is also the language of the heart."  
Dag Hammarskjold**

**Setting:** a candle, a cloth, an image, or symbol on the theme or monthly focus.

**No music, song or chant.** If available use a chime or singing bowl to center all into quietness.

**Opening Prayer:** I will come to you in the silence  
I will remove all your fears  
You will hear my voice  
I call you as My choice  
Be still and know I am here.

(Adapted Lyrics from "You Are Mine" - David Haas)

**Follow With 3-5 Minutes of Silence (conclude with chime or singing bowl).**

**All read aloud:**

"In silence drink deeply from the inner cup of Wisdom... Seek Wisdom. She will ease, comfort and strengthen you on each step of the journey. Fear not!

(Lumen Christi...Holy Wisdom, Nan Merrill, pp. 84-85)

**Pause in silence for a minute or so.**

“... Whisperings of the Divine ... are heard in open receptive hearts... Listen in the silence for Spirit’s Voice guiding your soul... Listen, attune and heed the inner Voice of Love. For in sacred Silence, we open ourselves to Wisdom, to ever deepening communion with the Source of all creation.”  
(Lumen Christi...Holy Wisdom, Nan Merrill, pp. 18-19).

**Followed by 3-5 minutes of silence – Conclude with chime or singing bowl**

**Focus Question:** How have you been able to befriend silence, or does it challenge you? What did you experience?

**Sharing:** All have the opportunity to share on the readings and reflection for this month.

**Wisdom Word (Optional):** After all have shared, allow a word or phrase to capture the heart of the group’s experience.

**Prayer Intentions:** Bring to your circle the people, places, and circumstances for which you wish to pray.

**All: Closing Prayer**

Oh, Divine Wisdom God we realize that much of our prayer is about words ... about talking rather than listening for your Voice.

We give you thanks for your loving invitation to enter into a deeper relationship with you through the gift of inner silence. Please grant us the wisdom to make time to practice silence each day so your Spirit can work more deeply within us. Amen.