

Wisdom Circles Preparation Sheet

February 2019

Theme for the year: **Wisdom Hidden In Plain Sight**



Wisdom 6:12-14 (New Jerusalem Bible):

Wisdom is brilliant, She never fades. By those who love Her,

She is readily seen, by those who seek Her, She is readily found.

She anticipates those who desire Her by making Herself known first.

Whoever gets up early to seek Her will have no trouble but will find Her sitting at the door.

Month's Focus: **Everyday Occurrences**

Wisdom is hidden in plain sight and so is in our everyday occurrences. She is readily available and embraces us with open arms in our every breath and action. We simply have to be willing to welcome and receive Her advances.

First Reading:

So what is worthwhile?

Simply to eat and drink

and find pleasure in your daily tasks.

This is the life you have been given.

Take pleasure in whatever you receive,

no matter how much or how little;

accept what is and learn to enjoy it;

this is the gift reality offers.

In this way, you will not fall prey to anxiety,

for you will be filled with joy. (Ecclesiastes 5: 17-19, Perennial Wisdom for the Spiritually

Independent, by Rabbi Rami Shapiro p. 189)

Second Reading:

Being in the soul, the body makes the senses thresholds of soul. When your senses open out to the world, the first presence they encounter is the presence of your soul. To be sensual or sensuous is to be in the presence of

your own soul. Wordsworth, careful of the dignity of senses, wrote that “pleasure is the tribute we owe to our dignity as human beings.” This is a profoundly spiritual perspective. Your senses link you intimately with the divine within you and around you. Attunement to the senses can limber up the stiffened belief and gentle the hardened outlook. It can warm and heal the atrophied feelings that are the barriers exiling us from ourselves and separating us from each other. Then we are no longer in exile from the wonderful harvest of divinity that is always secretly gathering within us.

(Anam Cara, a Book of Celtic Wisdom, by John O’Donohue, p. 59)

Focus Question for the Month

How does Wisdom come to us in plain sight, in our everyday occurrences?